



NCREIF

National Council of Real Estate Investment Fiduciaries



First Quarter 2026

Data and Indices Results Webinar



Today's Panelists

Jeff Fisher, Ph.D.

NCREIF Data, Research & Education Consultant

Emi Adachi

Managing Director, Global Head of Investment Research at Heitman

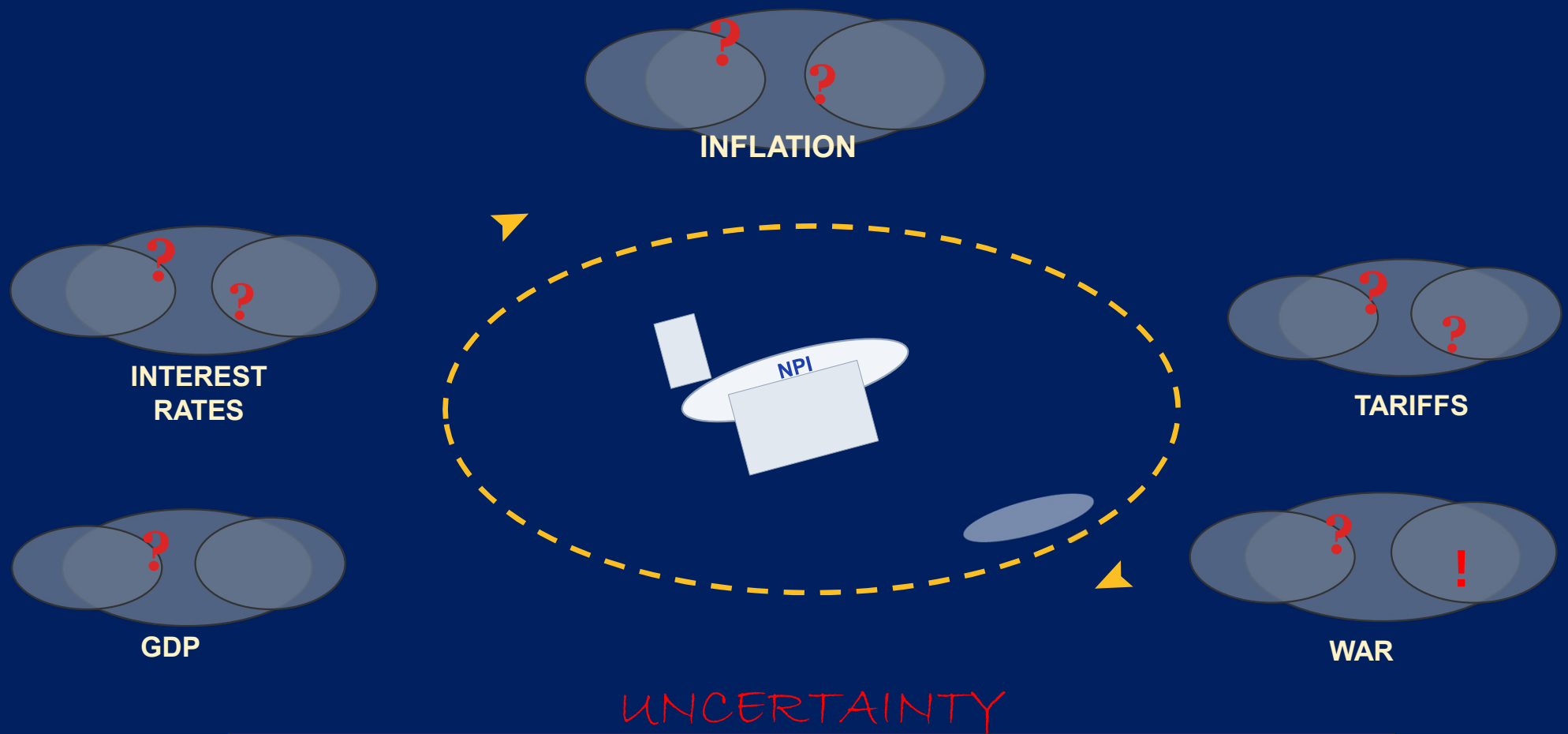
Keith Darin, MAI, CRE

Principal, Capright



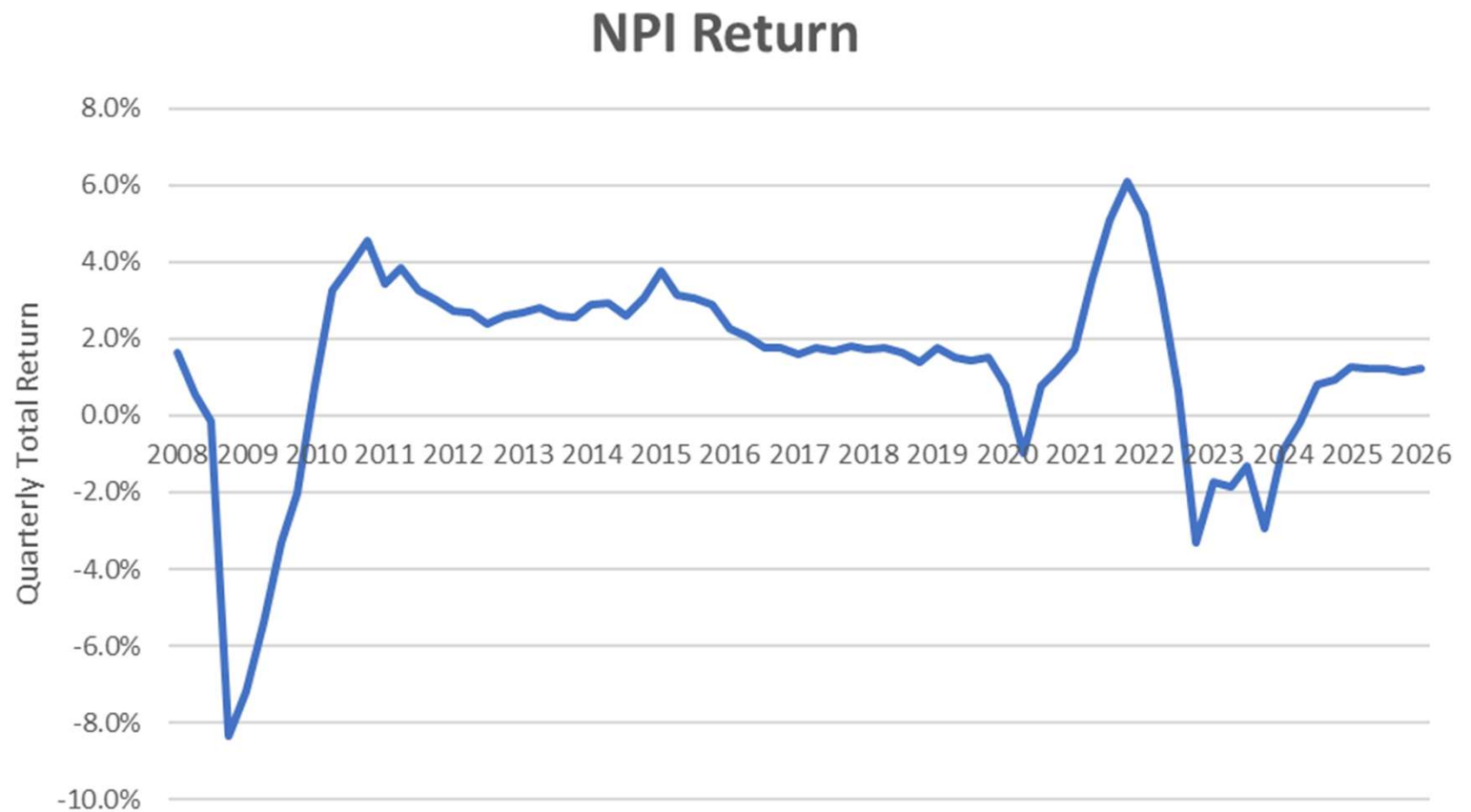
Disclaimer

All comments about future expectations are the personal views of the speakers and **NOT** a “NCREIF opinion” or “NCREIF forecast”, and should not be relied upon for investment decisions.

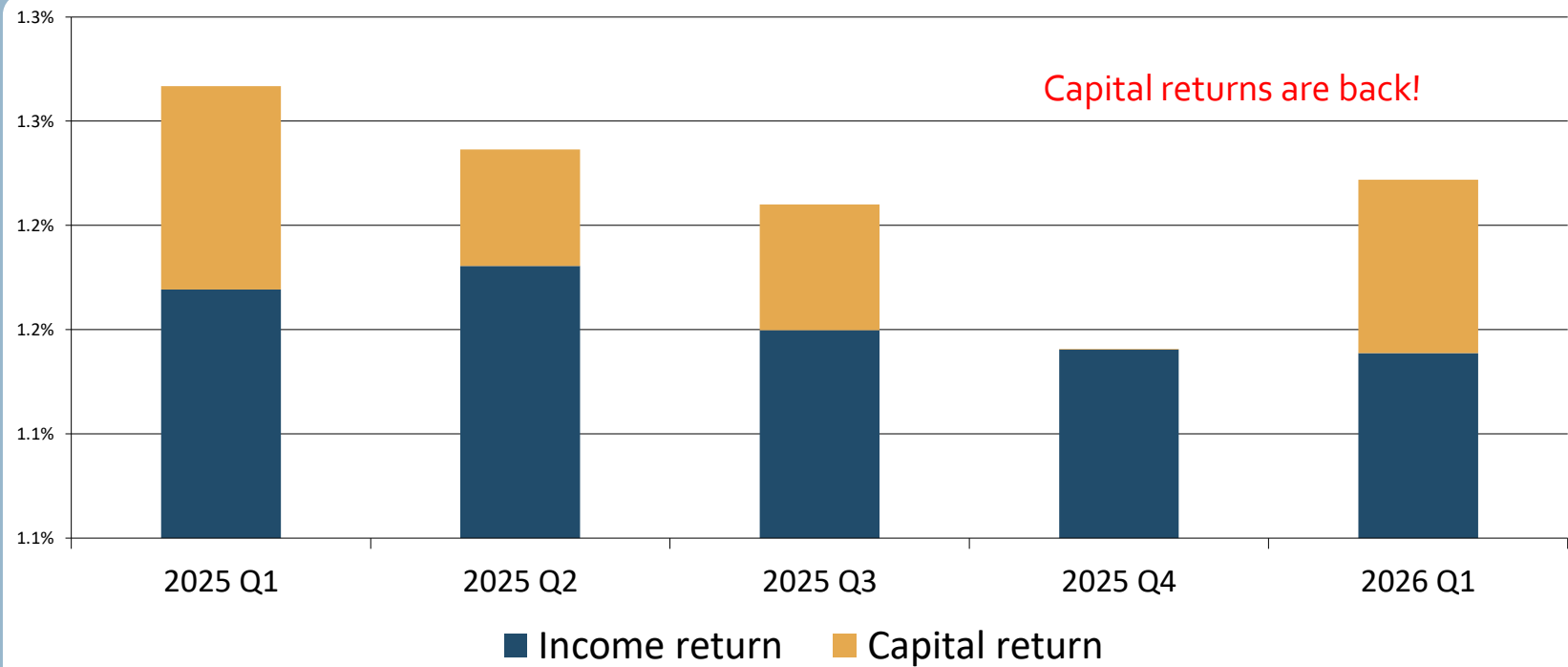


NPI Returns Continue in a Holding Pattern

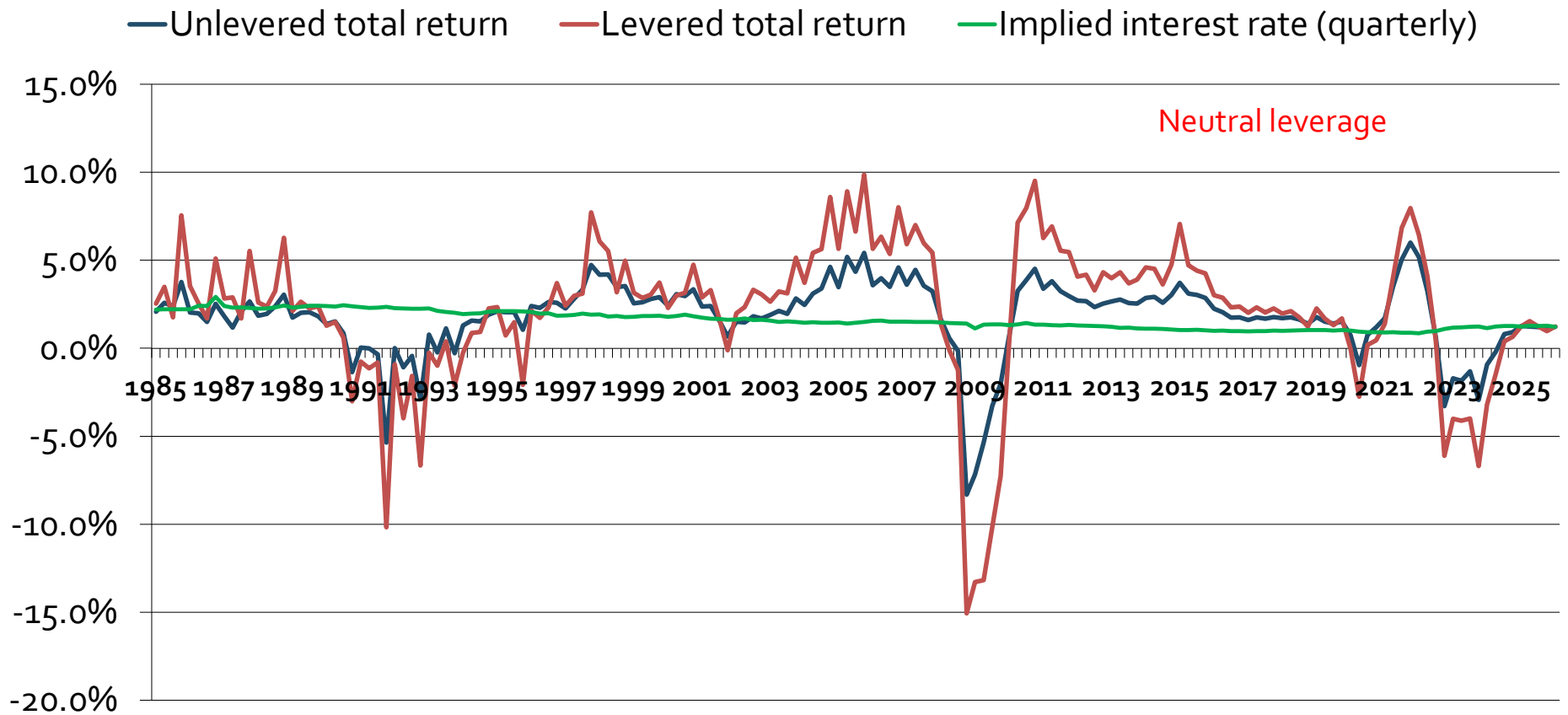
Returns Continue in a Holding Pattern



Return Components — Income vs Capital

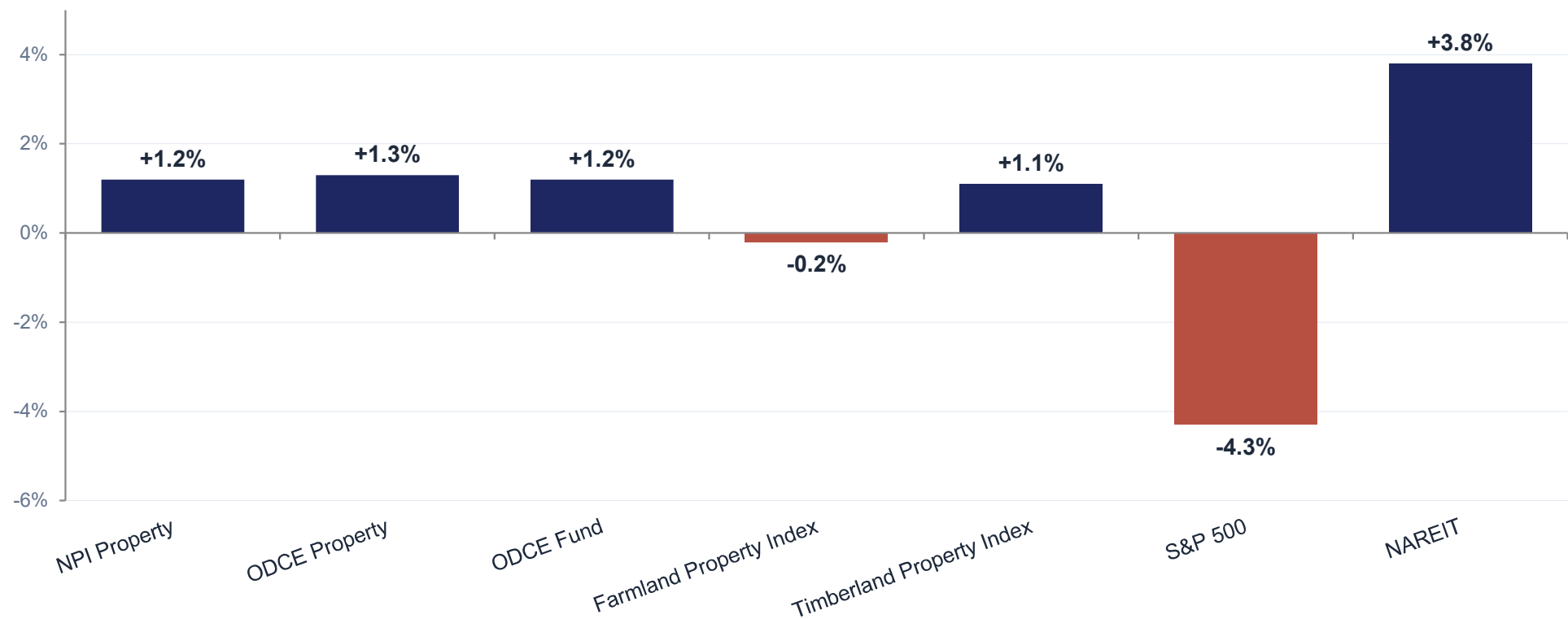


NPI Returns and Implied Interest Rate — 1985 Q1 to 2026 Q1



Q1 2026 Total Returns

Quarterly total return for major NCREIF and public-market benchmarks | Quarter ending 3/31/2026

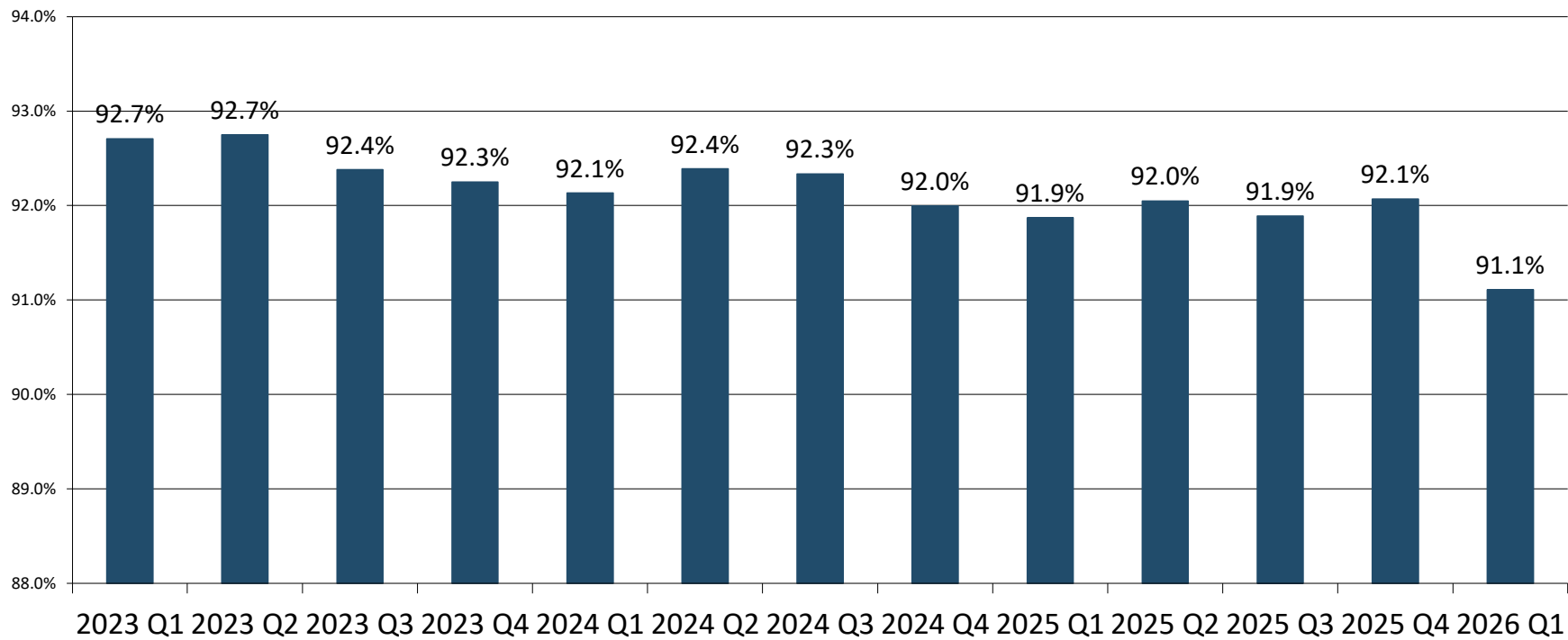


Source: NCREIF Capital Markets Comparison (chart f-001-2605). Q1 2026 quarterly total returns.

Average % Leased — NPI

MV-weighted occupancy across NPI properties

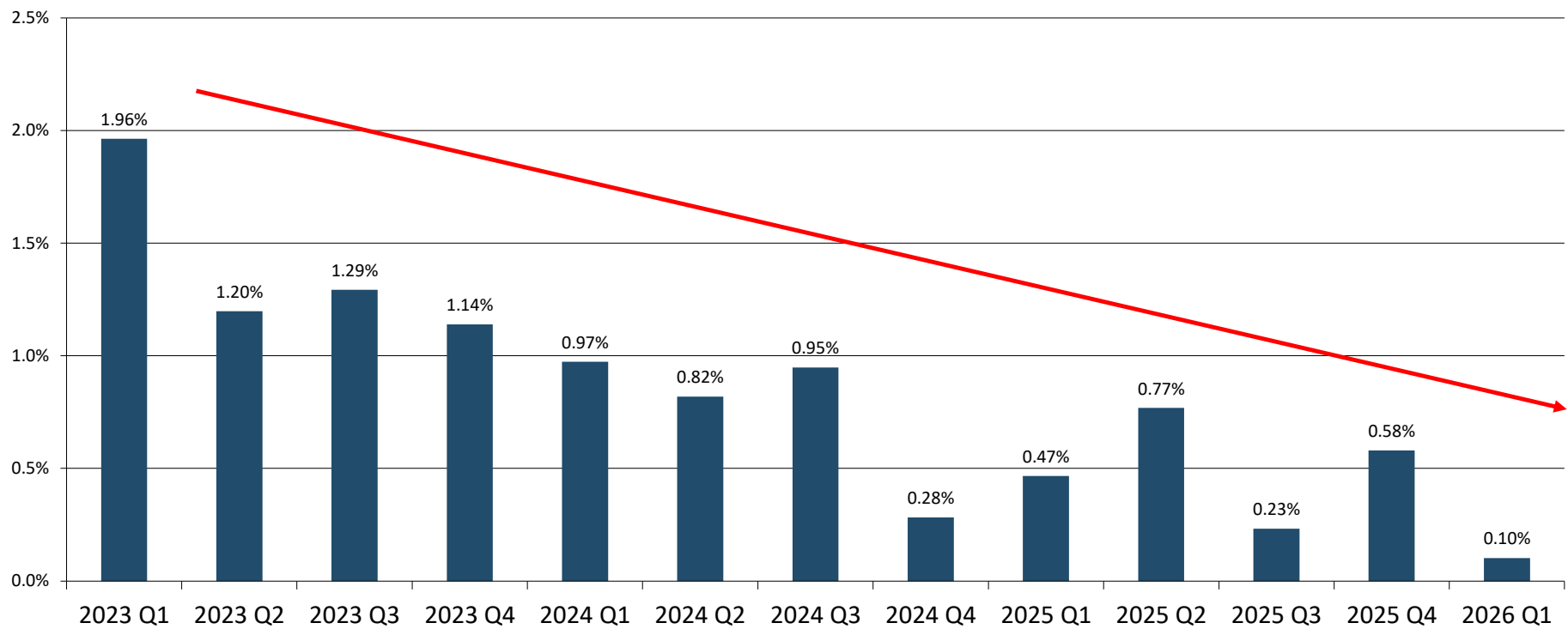
% Leased



Same-Store NOI Growth — Rolling 4Q vs Prior 4Q

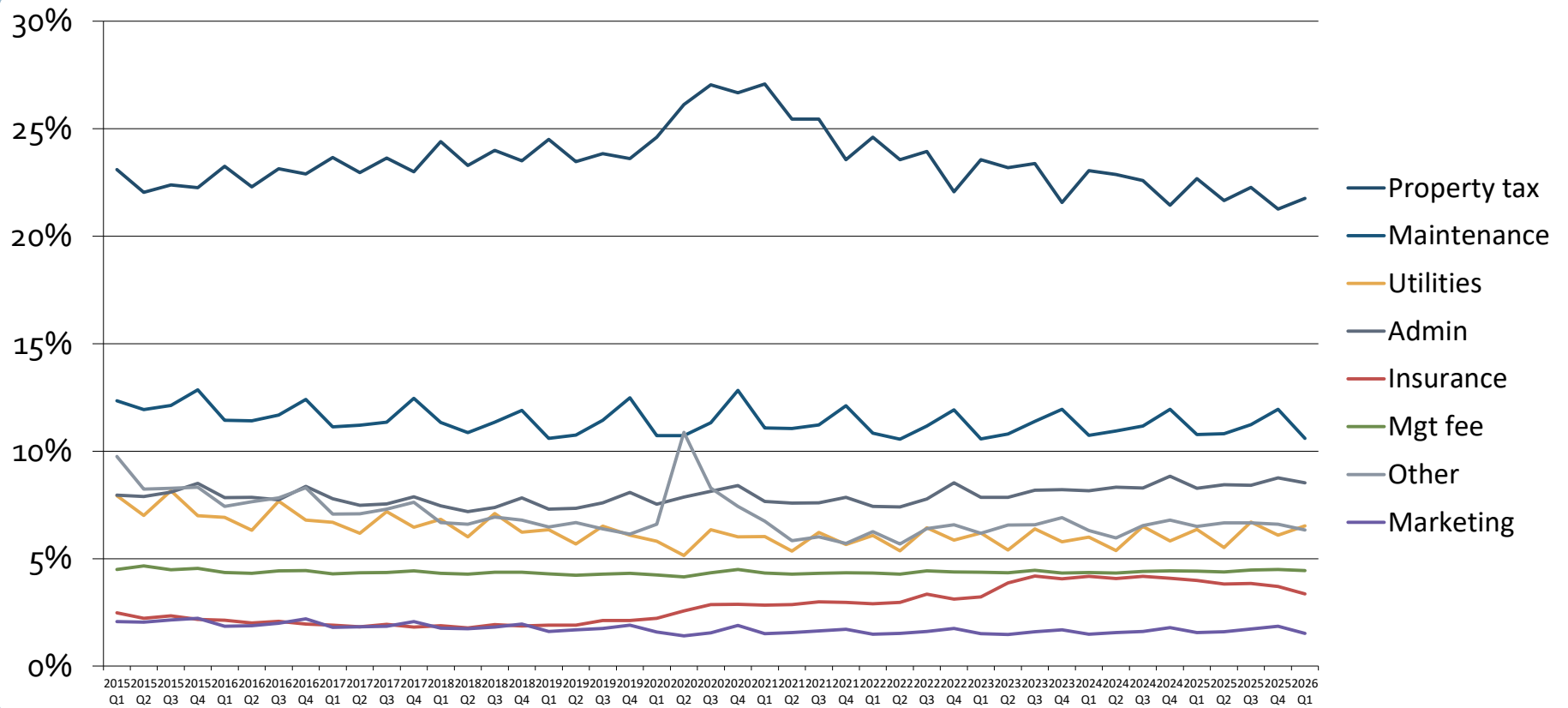
Sum of NOI for 4 quarters ending current quarter / sum for 4 quarters ending the previous quarter

NOI growth (TTM rolling)



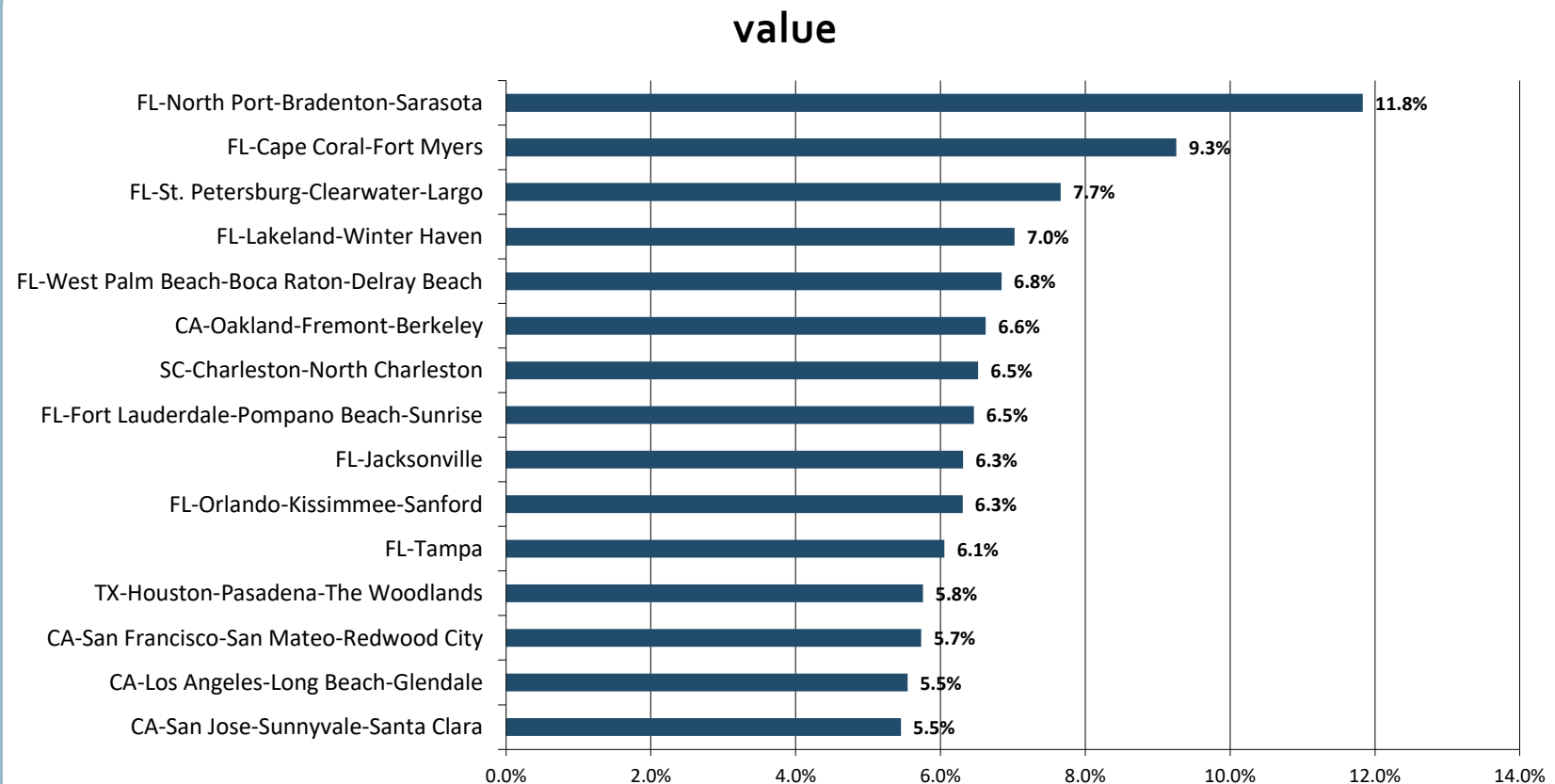
Operating Expense Categories as % of NOI

11-year trend of expense composition relative to NOI

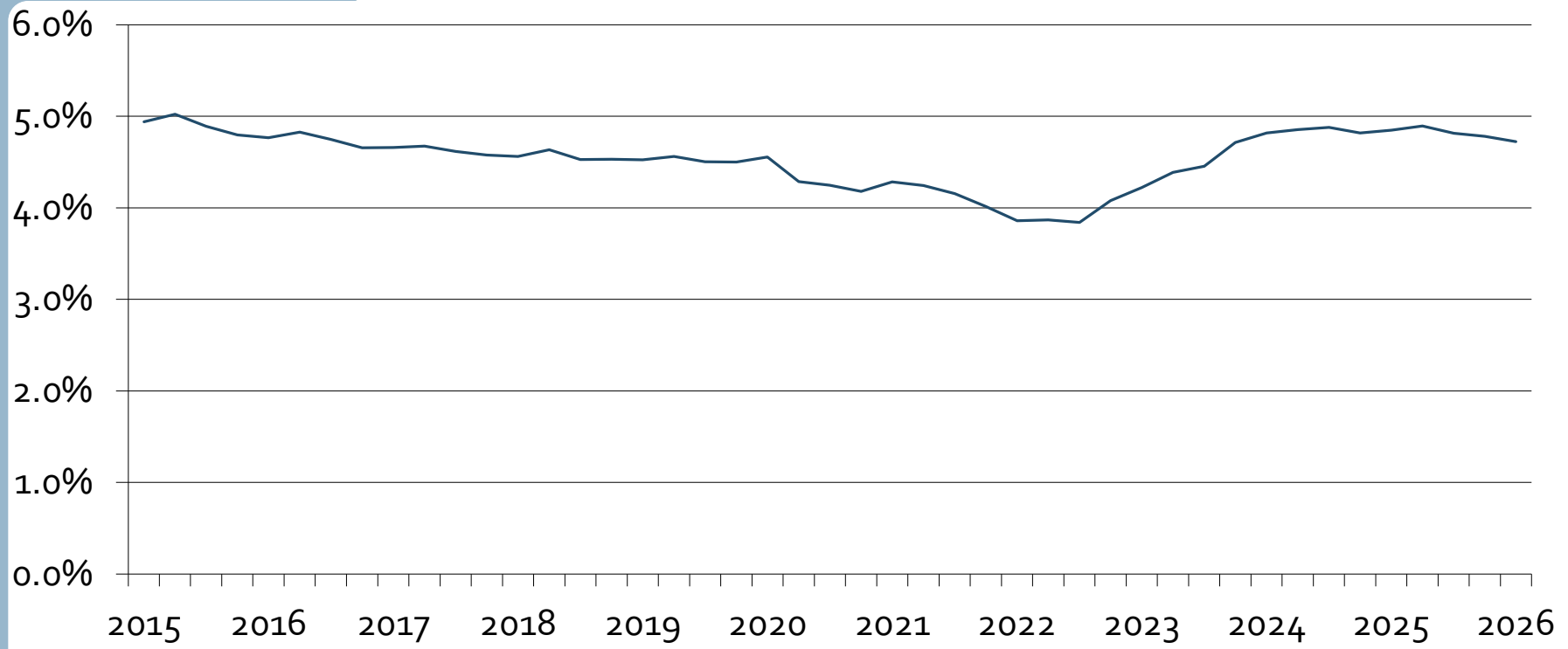


Top 15 CBSAs by Insurance Cost / NOI

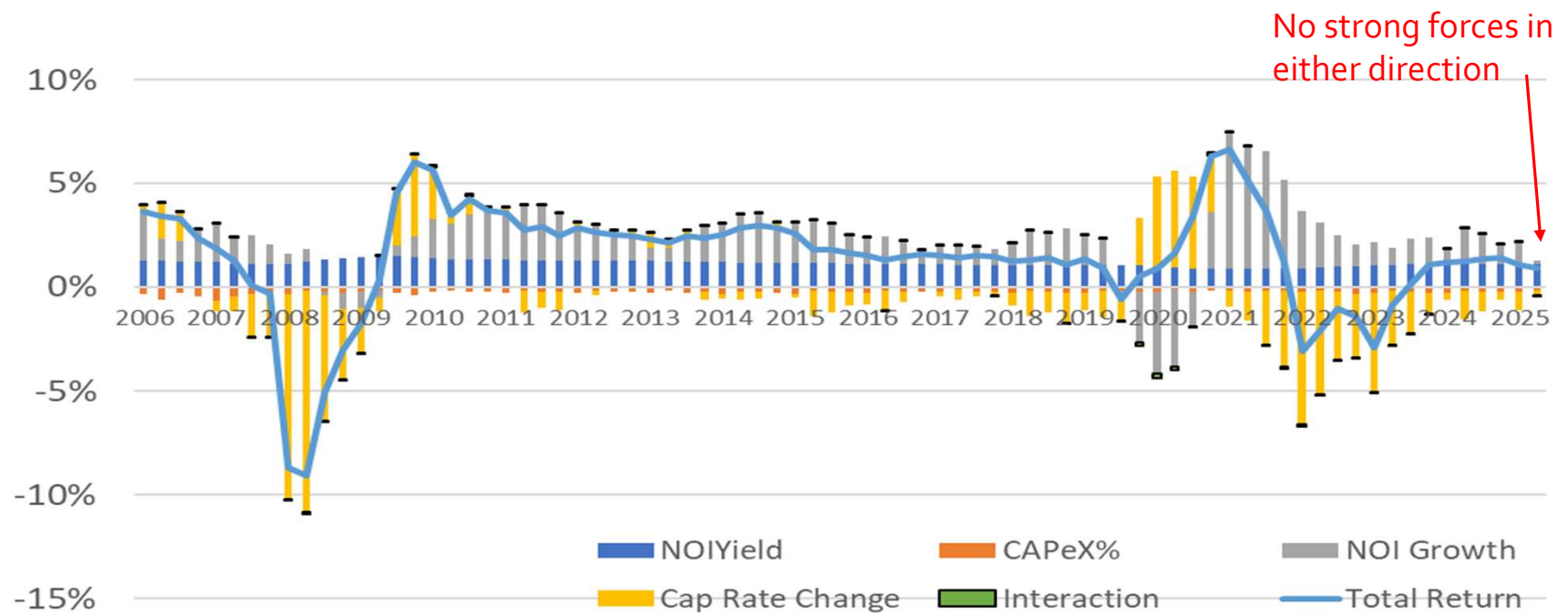
TTM insurance / TTM NOI — share of operating income consumed by property insurance



Implied Cap Rate Trend — NPI



National Return Components (Quarterly)



Question



NPI returns (annual) for all of 2026 will be:

- A. Below 2%
- B. 2% to 4%
- C. 4% to 6%
- D. Above 6%

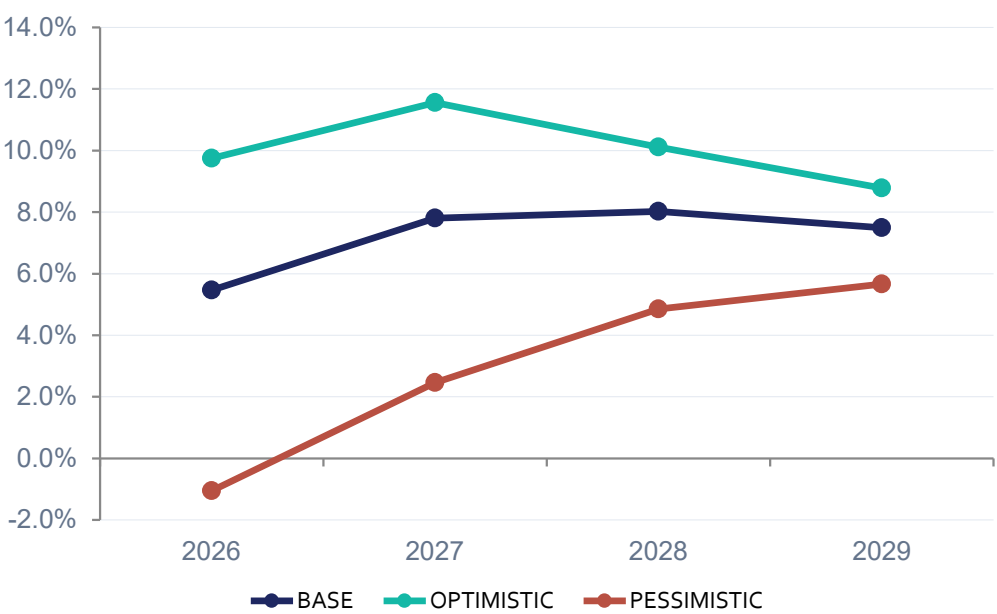


National NPI total return — three scenarios (Claud’s forecast – NOT NCREIF)

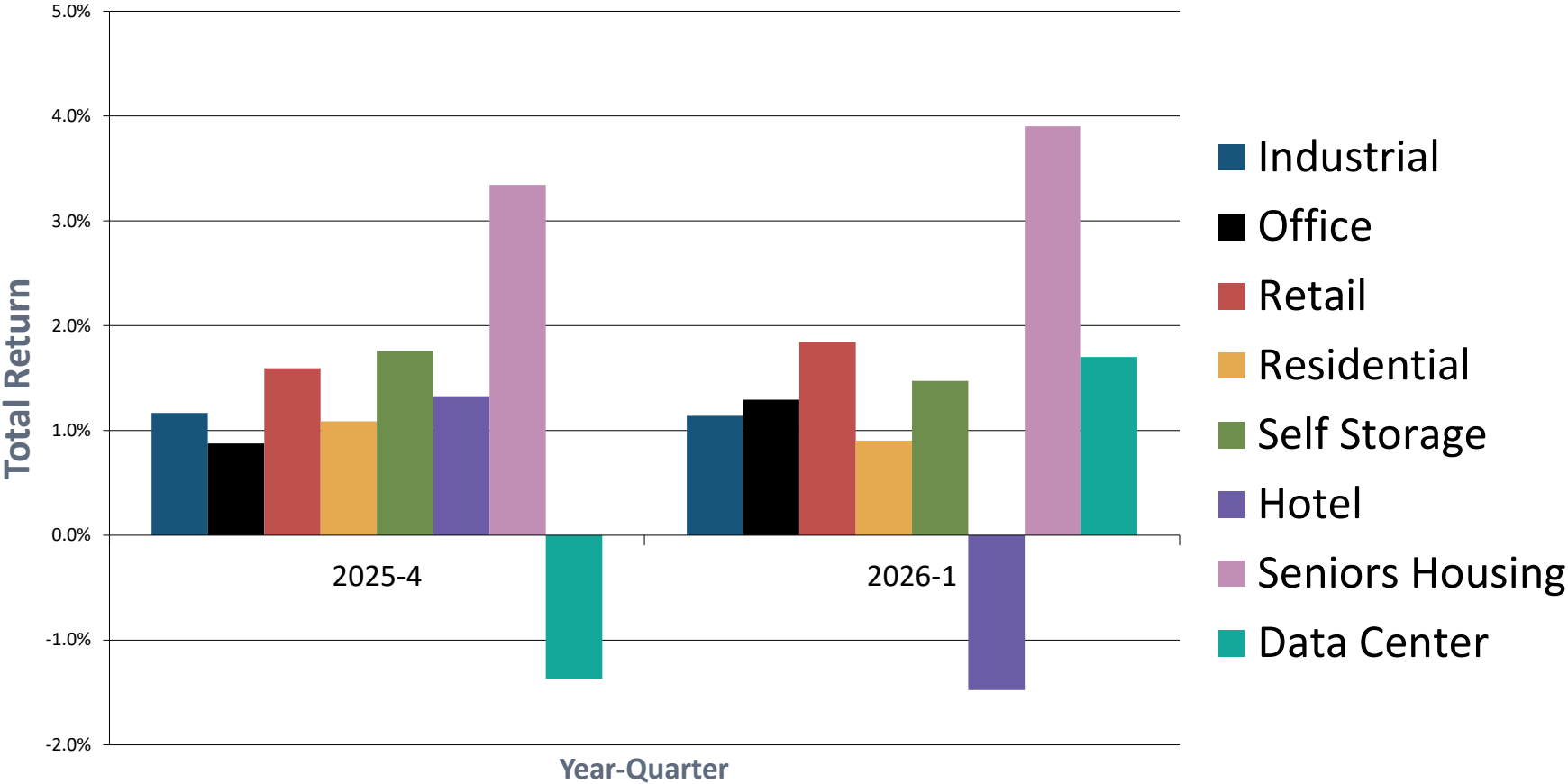
Wider scenario spread than the prior model; 2026 base case anchored at +5%

Year	BASE	OPTIMISTIC	PESSIMISTIC
2026	+5.47%	+9.75%	-1.05%
2027	+7.81%	+11.56%	+2.46%
2028	+8.03%	+10.11%	+4.85%
2029	+7.49%	+8.79%	+5.66%

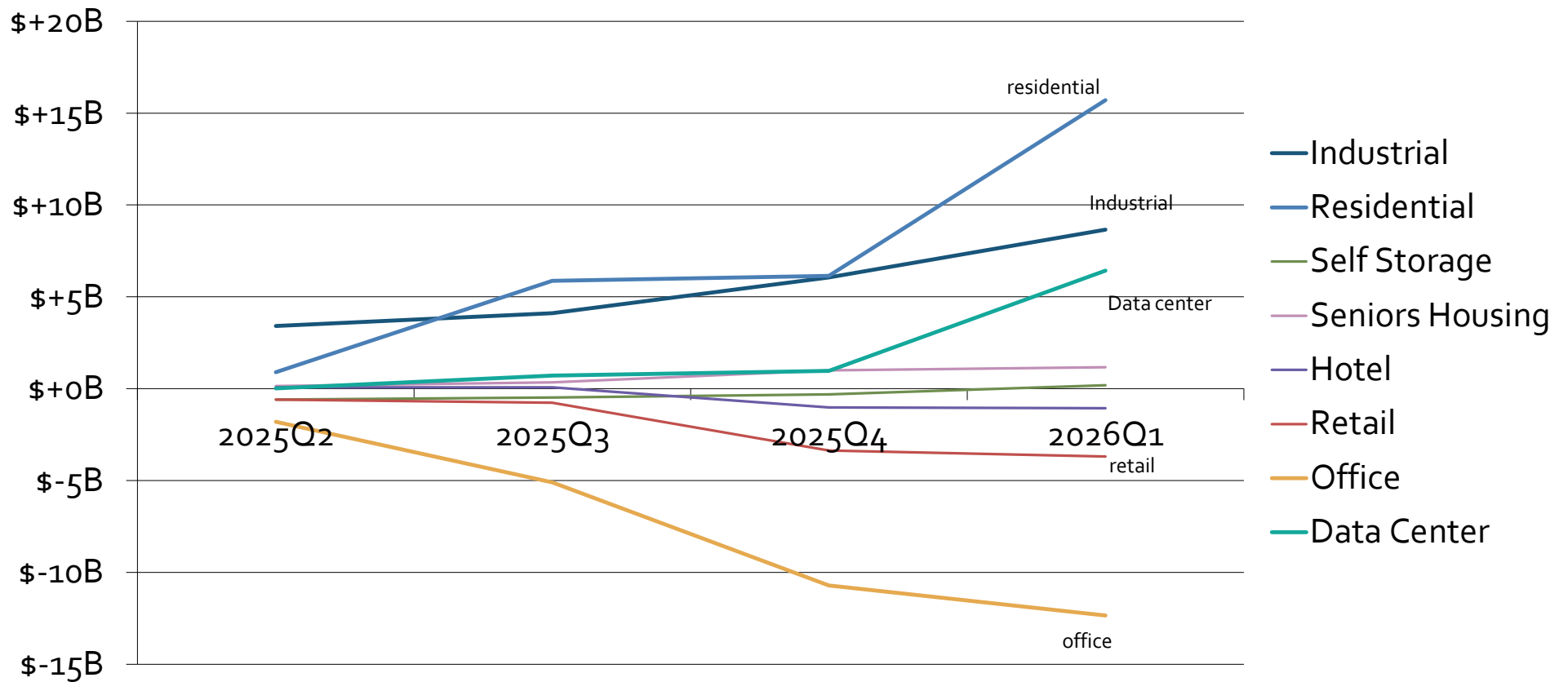
Since inception annual return 8.43%
Last 4 quarters Annual return 4.94%



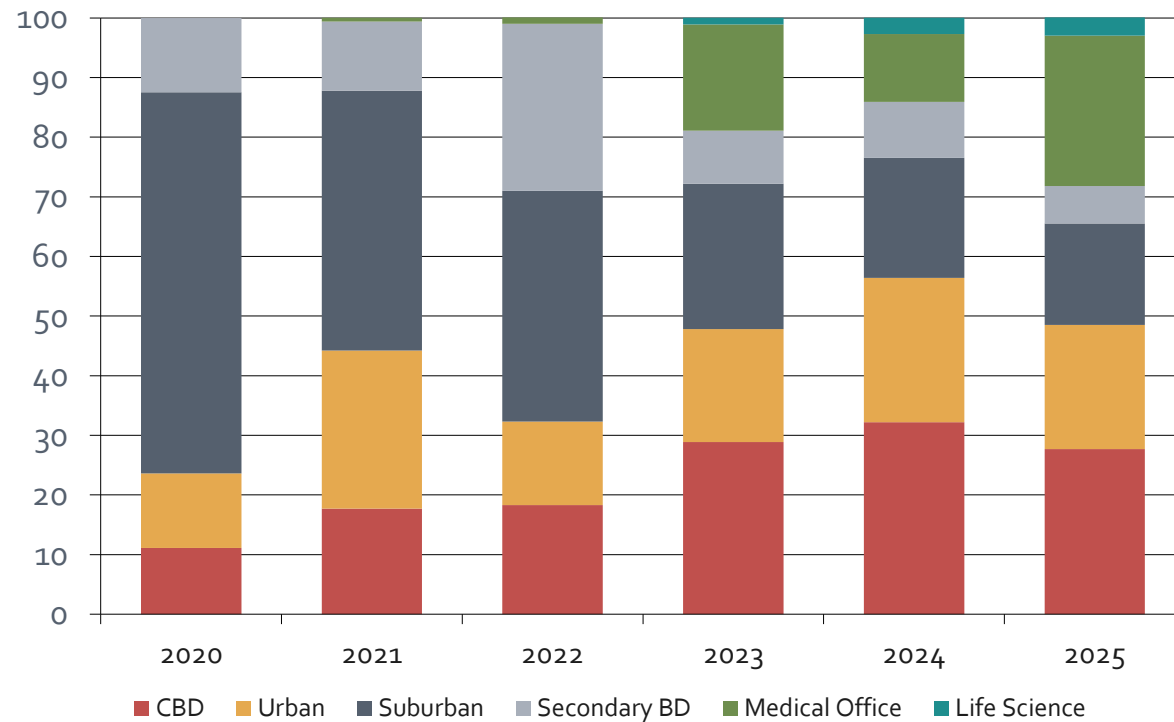
NPI Returns by Property Sector



Cumulative Capital Flow by Sector — Past 4 Quarters

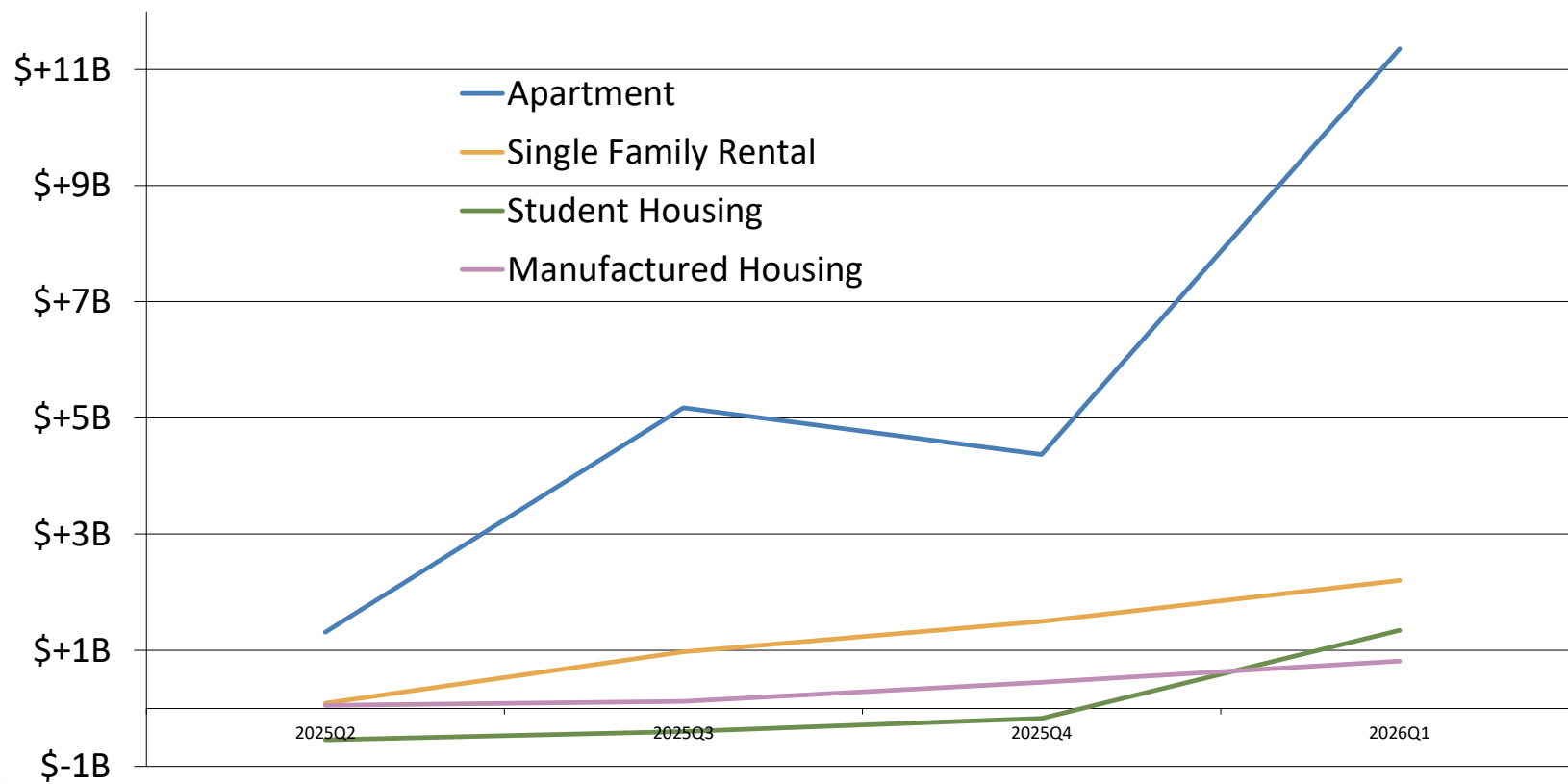


Changing Composition of Office Sales



- **Office capital values are down 37.9% from peak.**
- **18 office properties were handed back to lenders in just five quarters.**
- **Sold properties were both older and smaller.**

Residential Capital Flow by Subtype — Past 4 Quarters



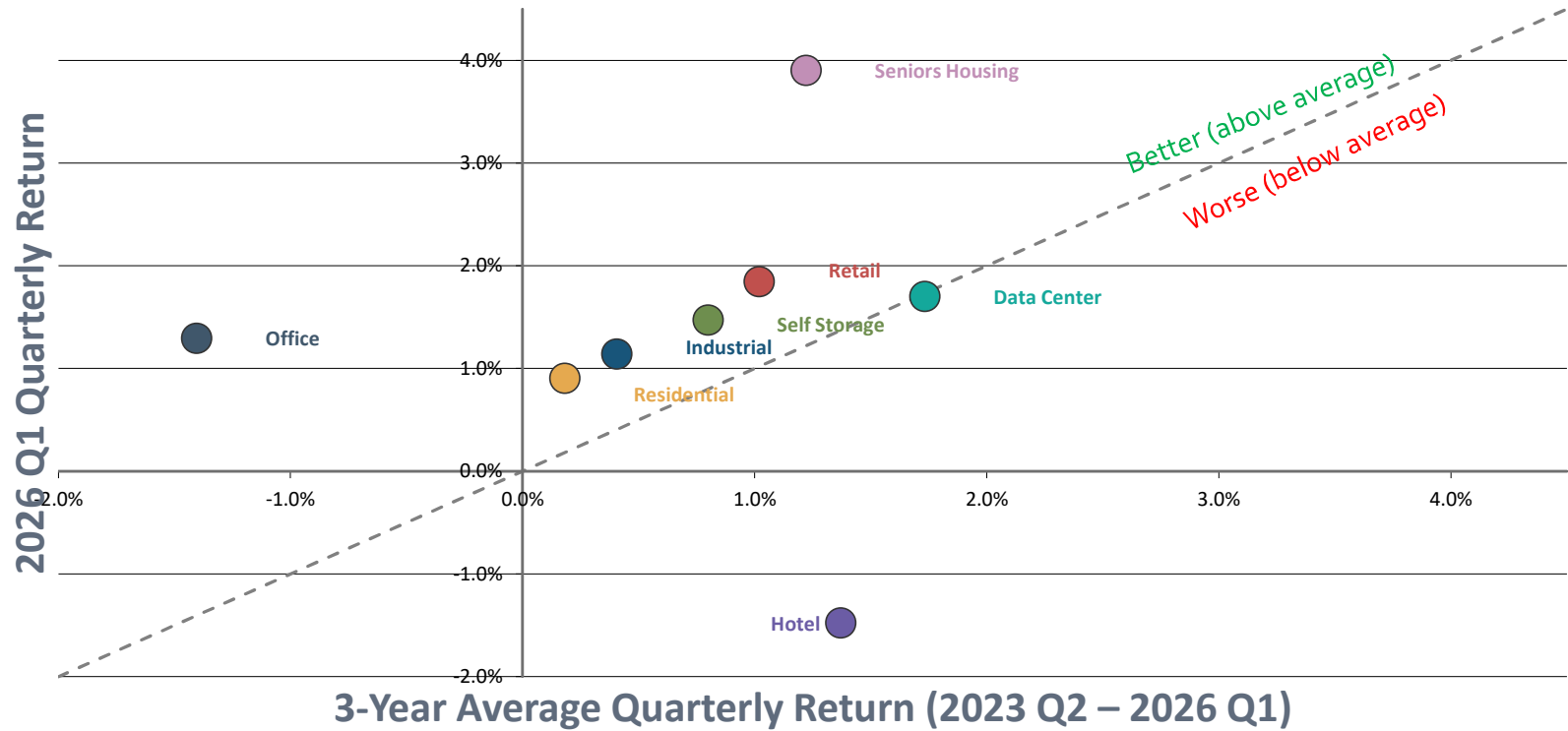


Question

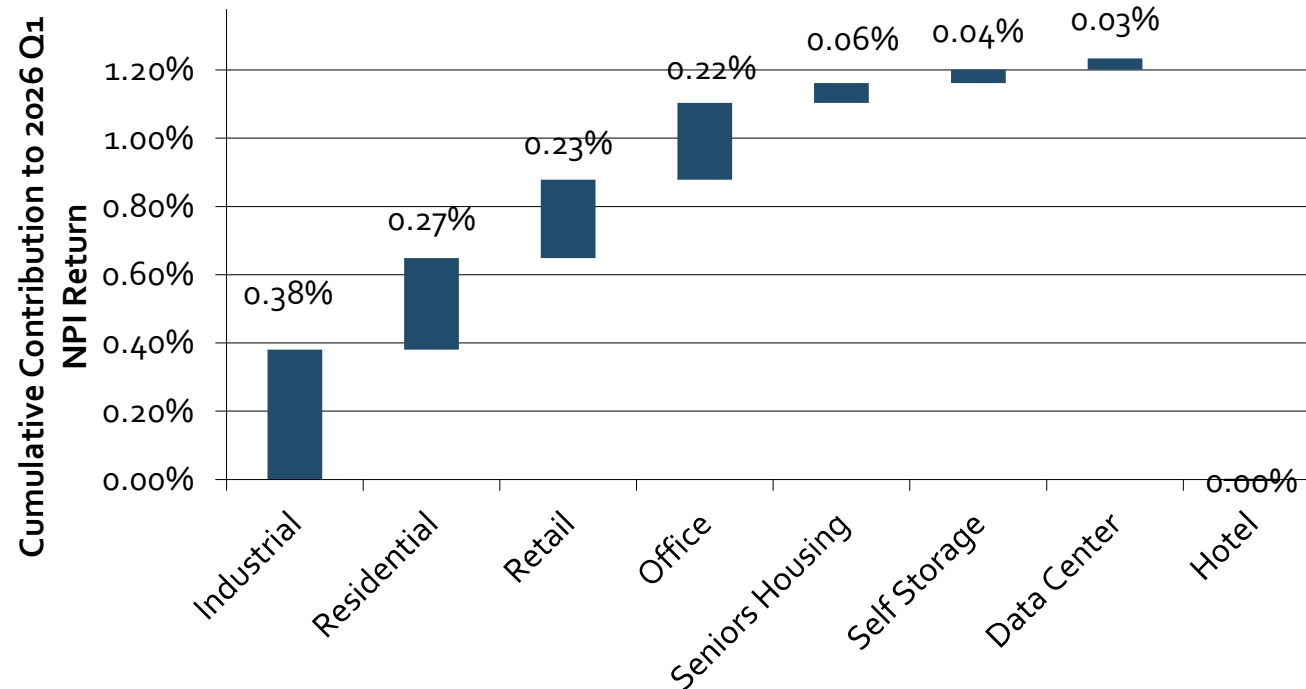
Which of the following property sectors do you think will have the greatest amount of new capital (market value) added?

- A. Office.
- B. Industrial.
- C. Retail.
- D. Residential (including single family).
- E. Alternatives (including data centers)

Return Momentum — All Property Types



Contribution to 2026 Q1 NPI Return by Property Type

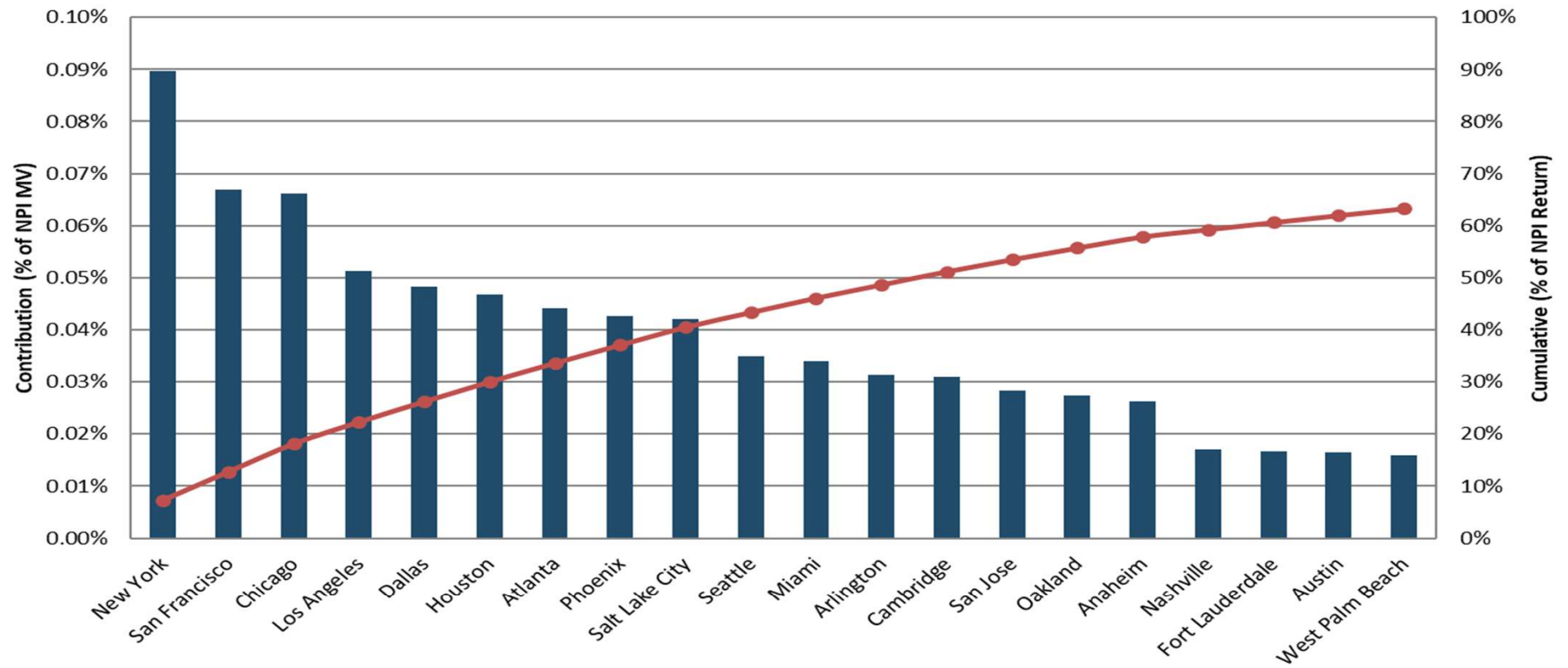


NPI Return = 1.23%

(122.9 bps total)

Industrial	+38.1 bps
Residential	+26.8 bps
Retail	+23.0 bps
Office	+22.5 bps
Seniors Housing	+5.8 bps
Self Storage	+3.9 bps
Data Center	+3.3 bps
Hotel	-0.4 bps

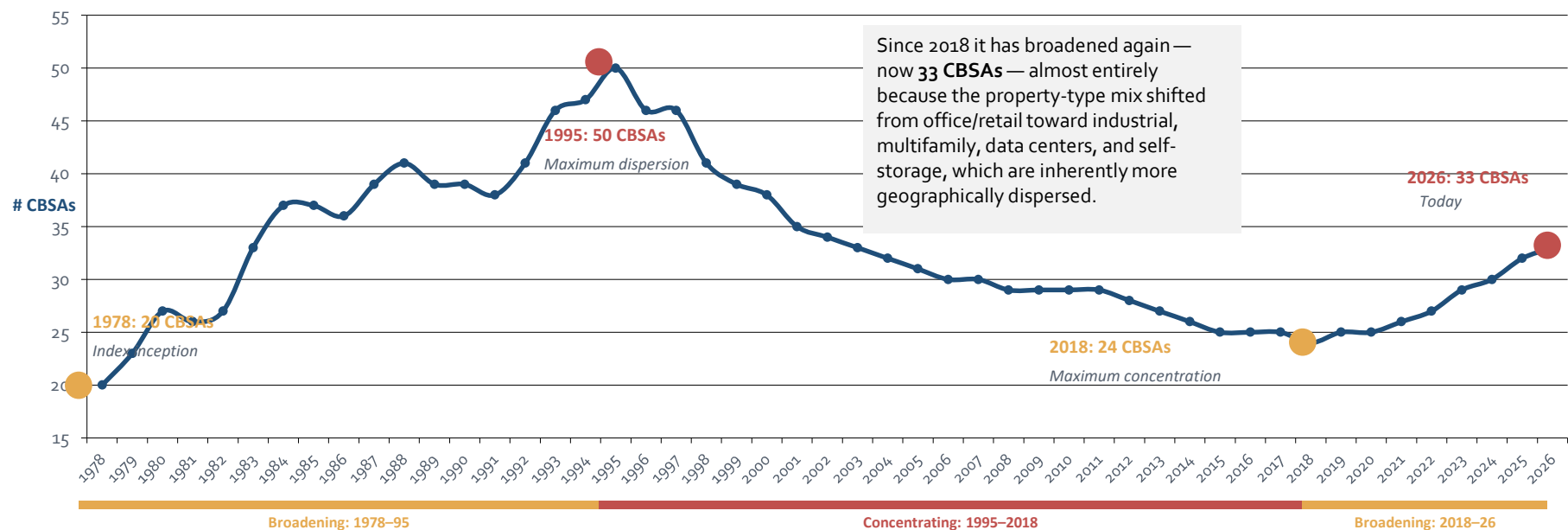
Contribution to 2026 Q1 NPI Return by CBSA



How many CBSAs does it take to capture 80% of NPI-Plus market value?

An inverted-U-then-U: the index dispersed through 1995, then concentrated for two decades, then broadened again post-2020.

Number of CBSAs whose market values cumulatively reach 80% of NPI-Plus total MV — Q1 of each year



Source: NCREIF NPI-Plus, Q1 of each year, 1978–2026. CBSAs ranked by market value; threshold = 80% of total NPI-Plus MV.

Question

- What Property Sector do you think will perform best (highest total **return**) for 2026?
 - A. Residential
 - B. Office
 - C. Industrial
 - D. Retail
 - E. Alternatives (next slide)



Question

- What Property Sector do you think will perform best (highest total **return**) for 2026?
 - A. Data centers
 - B. Self storage
 - C. Senior housing
 - D. Medical Office
 - E. Hotel

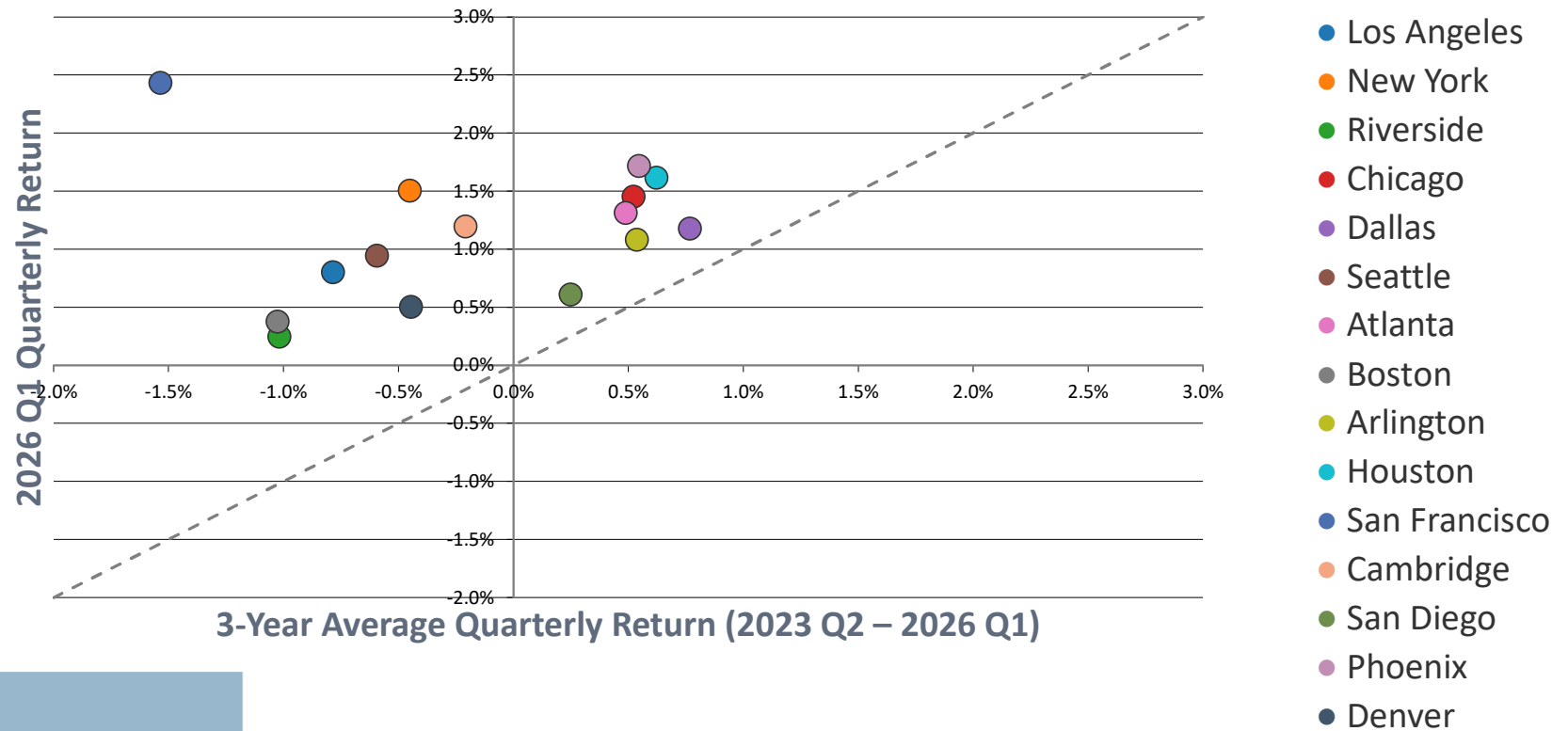


Industry Outlook Consensus (Compiled by Claude)

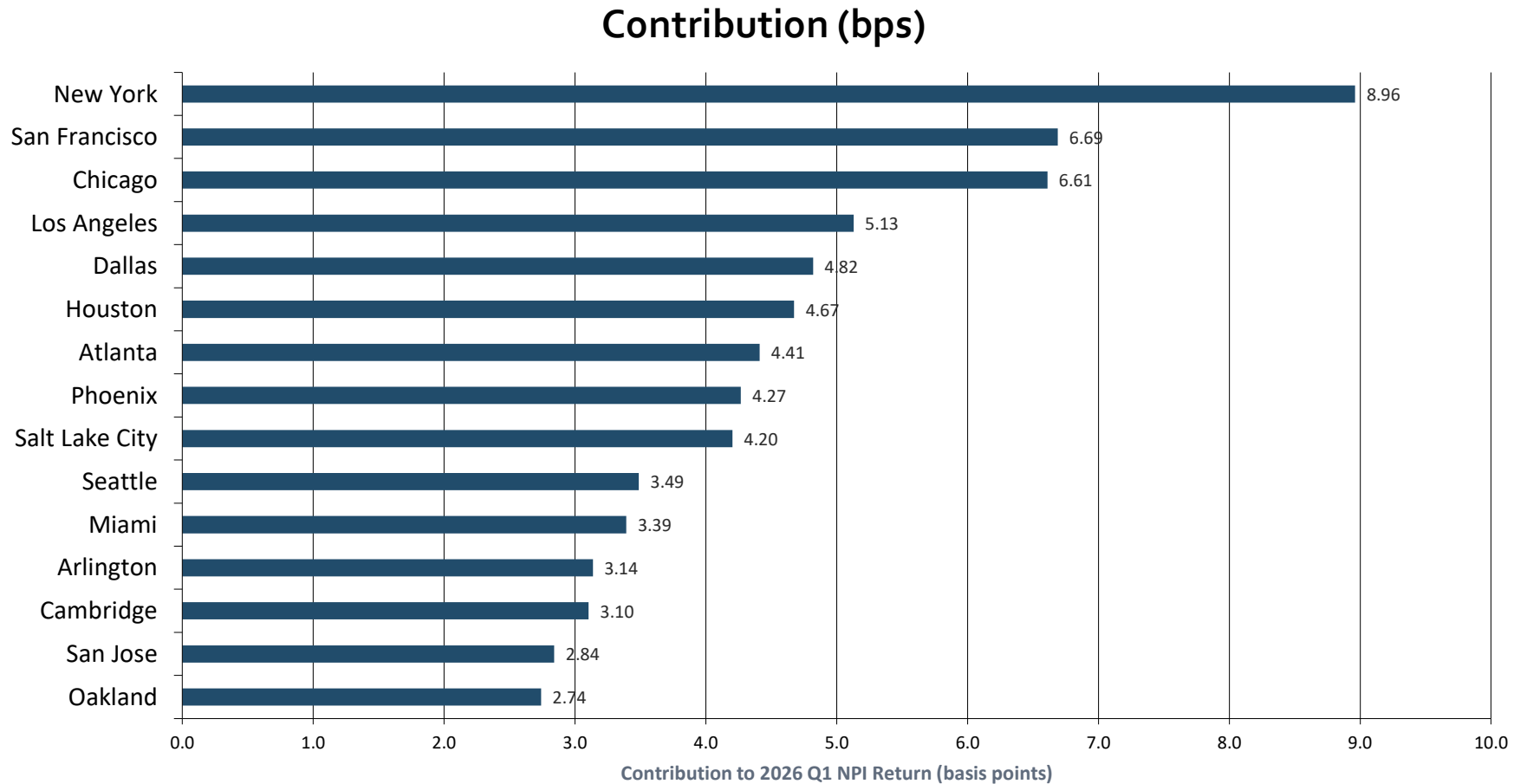
Sector	This forecast (Base 2026-29 avg)	Industry consensus narrative
Industrial	+8.4%	Strongest sector. Tariff-reshoring + e-commerce structural tailwind. Vacancy peaks ~7-8%; deliveries decade-low in 2026 (CBRE, JPMorgan).
Retail	+7.1%	Healthy fundamentals; necessity/grocery-anchored attractive risk-adjusted; below-market in-place rents allow rent growth (CBRE, PGIM).
Residential	+6.4%	Vacancy at peak then declining; cap rate forecast to fall to ~5.31% by end-2026; supply pipeline collapsing (CBRE, First American).
Office	+7.2%	Sublease space working through; gradual recovery; gateway/AI hubs lead (CBRE, MetLife, Cohen & Steers).
Self Storage	+1.0%	Demand normalizing post-COVID; REIT M&A signals cap-rate floor confidence; sector outlook moderating (CBRE).
Aggregate NPI	+7.2%	CBRE: 16% YoY investment volume increase in 2026; 2 rate cuts forecast; values bottomed 2024Q4 NPI; income-driven returns near-term.

Sources: CBRE U.S. Real Estate Market Outlook 2026; PGIM Real Estate 2026 Outlook; MetLife Investment Management 2026 CRE Outlook; First American "Multifamily Cap Rates Poised to Slip in 2026"; Cohen & Steers 2026 Outlook; JPMorgan Commercial Real Estate Trends 2026.

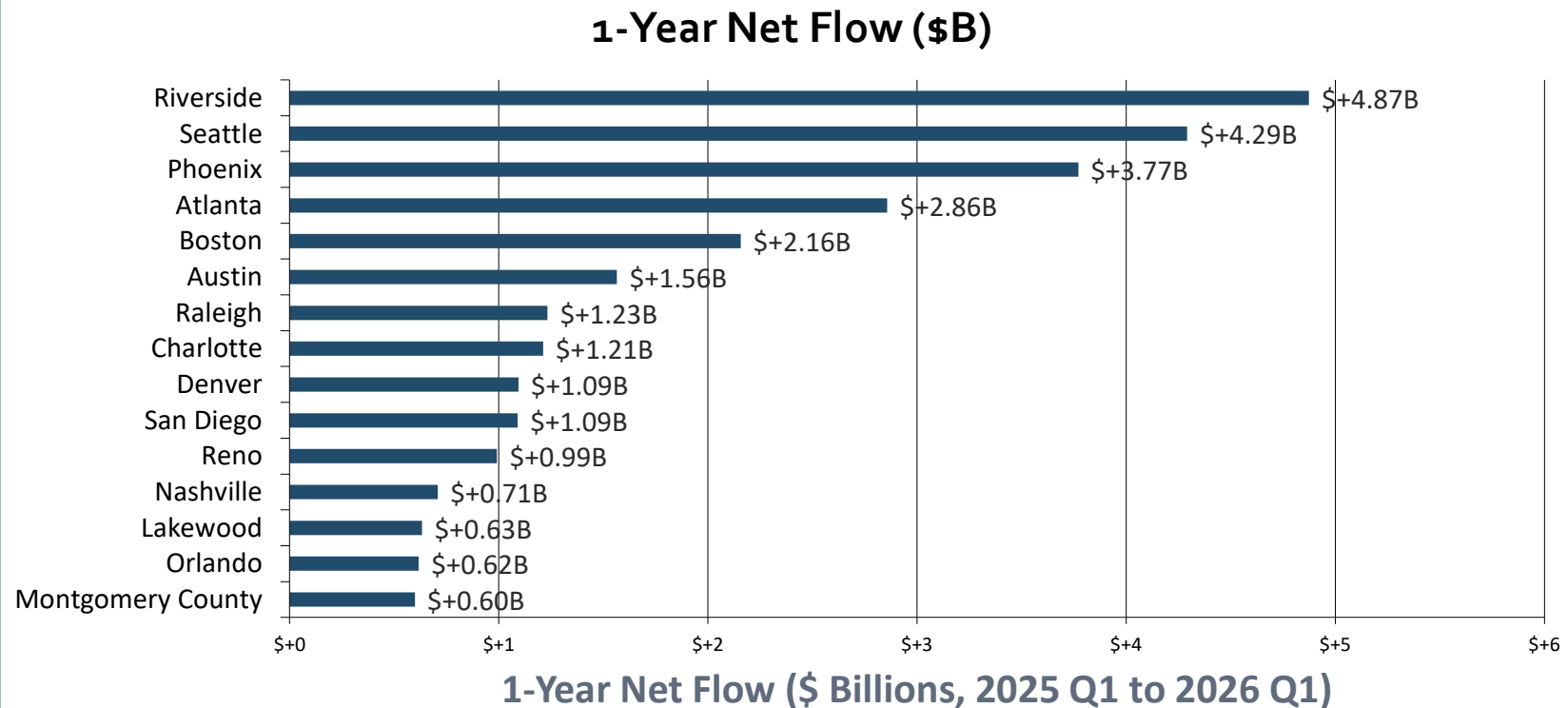
Return Momentum — Top 15 CBSA-Divisions



Top 15 CBSA-Divisions by Contribution to 2026 Q1 NPI Return

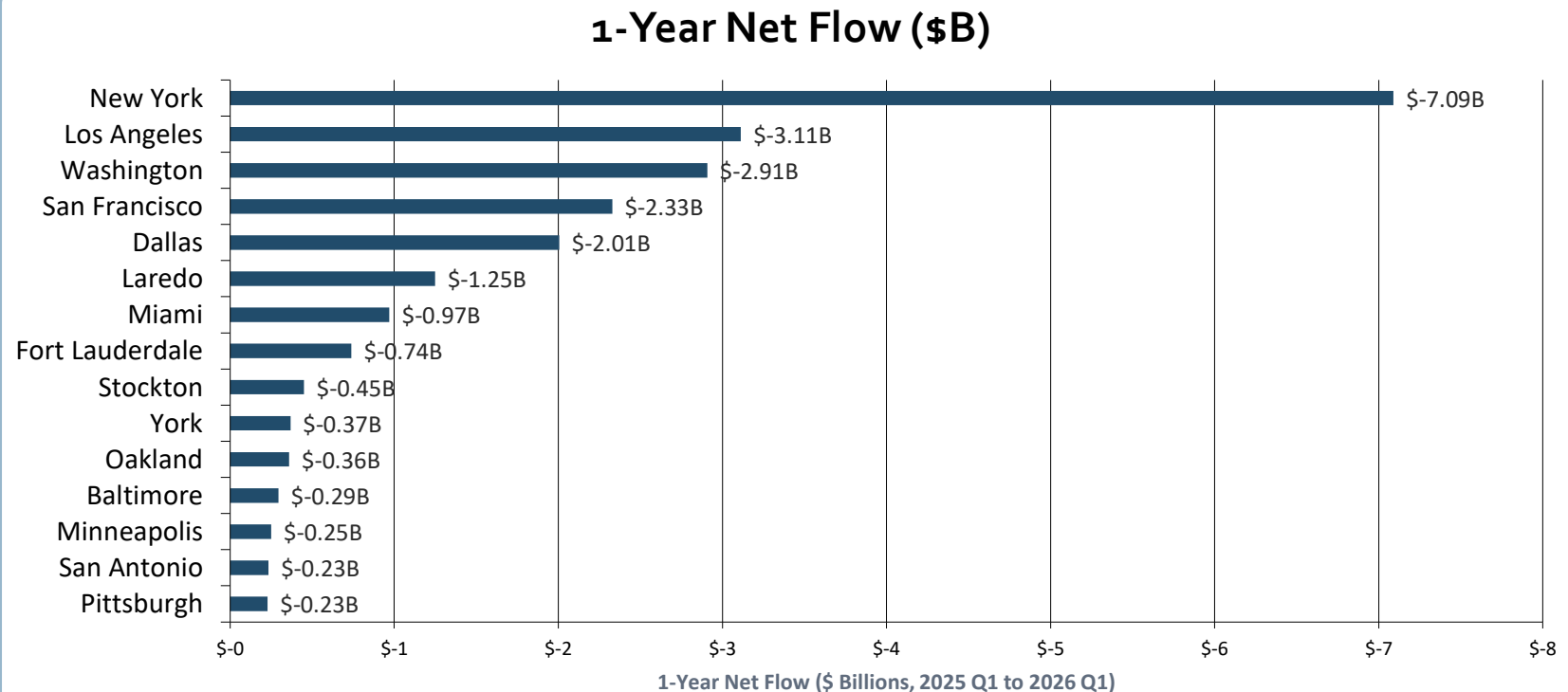


Top 15 CBSA Inflows — 1-Year Change vs. 2025 Q1



Riverside leads at +\$4.9B over the year. Top 15 inflows total +\$27.7B. Aggregate NPI net flow across all 329 CBSAs: +\$14.8B. Sun Belt and Mountain West metros dominate.

Top 15 CBSA Outflows — 1-Year Change vs. 2025 Q1



New York leads outflows at \$-7.1B over the year. Coastal gateway markets (NY-NJ, LA, Washington DC, San Francisco) dominate outflows — the institutional retreat from gateway-office continues. Dallas reflects late-cycle profit-taking on industrial.

Notable Trends — 2021 Q1 to 2026 Q1

- ◆ **NPI universe grew 23%**

10,557 → 12,996 properties; net +2,439 over 5 years

- ◆ **Office sub-mix flipped**

CBD share 59% → 46%; Medical Office and Life Science combined nearly tripled (10% → 26%)

- ◆ **Office property size shrank 17%**

Average sqft 260k → 216k — smaller, more specialized offices replacing trophy CBD assets

- ◆ **Office MV per property -34%**

\$142M → \$94M average — value compression plus mix shift toward smaller assets

- ◆ **Industrial Specialized doubled**

3.8% → 6.8% of Industrial MV (cold storage, fulfillment); Warehouse still dominant at 89%



Debt Project as of 12/31/25

Description	Aggregate (database)	Moderate-Yield (Index)
First release	August 2023 (1Q23) Consultation Phase Ongoing	December 2025 (2Q25) Consultation Phase (1 to 2 years)
Styles	Core, Moderate, and High-Yield	Moderate-Yield
Active funds	16 (3 + 12 + 1)	12
Returns	Quarterly, funds equal-weighted	Quarterly, funds equal-weighted
Returns start	3/31/2016	12/31/2017
Assets	\$38.1 billion	\$31.9 billion
Loans	707	532
Data collection	Fund level & weighted averages	Fund level & weighted averages
Inclusion Criteria	60% in private real estate debt	Various based on risk factors



NCREIF



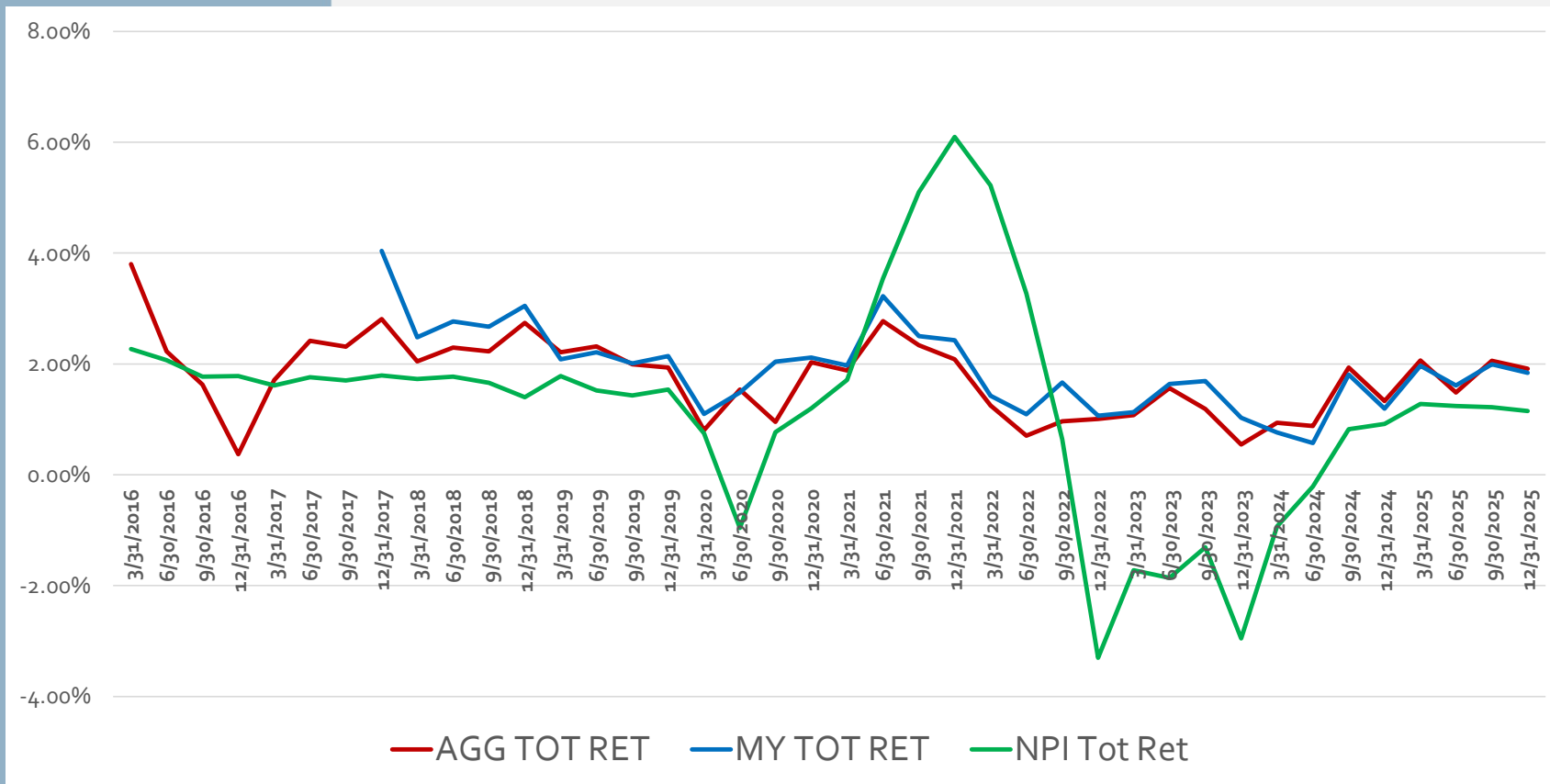
CRE Finance Council
The Voice of Commercial Real Estate Finance

Moderate Yield Inclusion Criteria

- Total Gross Asset Allocation
 - 80% invested in private debt real estate
- Private Debt Real Estate Diversification
 - No limits, except preferred equity not to exceed 25%
 - 95% of underlying properties in the U.S.
- Total Leverage not to exceed 77%
 - Financial and Structural
- Underlying Properties LTV at Origination
 - Not to exceed 75%
- Underlying Properties Life Cycle at Quarter-end
 - 60% of the fund invested in operating properties (60% leased)
 - Ground-up development not to exceed 20%

Criteria has been created for Core and High Yields, though not enough funds to create a product.

Quarterly Returns (Debt Funds vs. NPI)



Summary of 1st Quarter 2026



- Returns continue in a holding pattern
- Market values up very slightly as capital return turns positive
- NOI growth has been on a downward trend
- Occupancy down slightly
- Cap rates down slightly
- Property count up
- No dominant return driver in either the space or capital market



Thank you

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www.NCREIF.org

